

MRC-STTRONG Grant Project Presentation

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Presentation To: MRC IL



Winnebago County

Health Department

Background—Why?

- An estimated 1 in 4 adults in the United States live with one or more disabilities
- Seniors over 65 are the largest growing demographic group in Winnebago County



Recent Events impacting AFN Community



The Project

- Develop a team of MRC volunteers that can go out in the community and educate seniors, individuals with disabilities, and their care givers in CPR & First Aid Anywhere and Naloxone Training
- Prepare emergency kits for dissemination to seniors, individuals with disabilities, and their caregivers



Challenges

- Grant duration being shortened meant rushed roll out to community (Cut back from July 31st to May 21st without notice to LHDs until May)
- Were only able to get two of our volunteers trained in the curriculum
- One resident had to leave early for an appointment

Benefits of Training Modality

- CPR & First Aid Anywhere training
 - Anyone can be an instructor, no medical experience or training necessary
 - Training is shorter in duration than other American Heart Association CPR trainings (1 hour vs. 3 hours)
 - Can offer free of charge (no certificate fee)

Benefits to Participants

- Volunteers
 - 2 volunteers trained to provide CPR & First Aid Anywhere training
 - Both expressed interested in doing future trainings
- Residents
 - 9 seniors and individuals with access and functional needs (AFN) were trained at a facility we had previously assisted with an emergency response
 - Feedback survey results:
 - 67% of respondents expressed in feedback that they would respond in an emergency
 - 78% expressed increased confidence in using skills

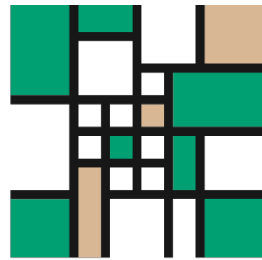
Additional Highlights

- Leveraged Existing Partnerships:
 - Worked with facility to coordinate trainings for residents (facility advertised and promoted)
 - Partnered with WCHD Drug Overdose Prevention Program to provide free naloxone to training participants
- Used as enrollment opportunity in AFN registry



Next Steps

- Loop back with facility management regarding emergency planning
- Train more volunteer trainers
- Explore additional sites/groups including but not limited to:
 - City and county housing authorities
 - Other ther private residences for individuals with AFN
 - RAMP (center for independent living)
 - Lifecape AmeriCorps Seniors RSVP



WCHD

Winnebago County Health Department



Serving Our Whole Community

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